

Thumb Position Modes Light to Dark

Starting with thumb on Root, Everything written an Octave lower.
Open or Closed refers to the 1st finger being either a whole step or half step above the thumb.

* In these situations move the thumb up a half step while keeping everything else within the position.

Lydian Open * Major Open * Mixolydian Open

T 1 3 T 1 3 T 1 T 1 3 T 1 3 T 1 T 1 3 T 1 3 T 1

Dorian Open Minor Open Minor Closed

T 1 2 T 1 3 T 1 T 1 2 T 1 2 T 1 T 2 3 T 2 3 T 2

Phrygian Closed Locrian Closed

T 1 3 T 2 3 T 2 T 1 3 T 1 3 T 2

Here is another approach which I find myself using more often.
Start with your index finger on the root.

Lydian Thumb half step behind 1st finger Major Mixolydian

1 3 T 2 3 T 2 3 1 3 T 1 3 T 2 3 1 3 T 1 3 T 1 3

Dorian whole step back half step back Minor Phrygian

1 3 T 1 3 T 1 3 1 3 T 1 3 T 1 3 1 2 T 1 3 T 1 3

Locrian

1 2 T 1 2 T 1 3

1st finger on Root. CLOSED

A Lydian

FAST

A Lydian

Legato

1st finger on Root. CLOSED

1st finger on Root. CLOSED

G ish

leave the thumb on the "E" the whole time.

C Major

OPEN

Medium Bright

First staff of music in bass clef. It contains a sequence of notes with various fretting and fingering instructions. The notes are: G2 (3), A2 (T), B2 (1), C3 (2), D3 (1), E3 (2), F3 (T), G3 (1), A2 (2), G2 (0), F2 (T), E2 (2), D2 (T), C2 (T), B1 (T), A1 (2), G1 (T), F1 (1), E1 (2), D1 (1).

Second staff of music in bass clef. It continues the sequence of notes with fretting and fingering instructions. The notes are: G1 (T), F1 (T), E1 (1), D1 (T), C1 (T), B0 (T), A0 (T), G0 (2), F0 (1), E0 (T), D0 (T), C0 (1), B0 (2), A0 (T), G0 (1), F0 (T), E0 (2), D0 (1), C0 (2), B0 (0).

Empty staff in bass clef.

Empty staff in bass clef.

Empty staff in bass clef.