

Notice what intervals you are playing and how they sound and feel in your hand. Lots of easy to hear perfect intervals (4th,5th,Octave) to help solidify things. Lots of open strings to check your pitch. Alternate your plucking fingers. It is very important to **NOT ever look at your fingers** when you are playing. Eventually you will be able to see them in your mind's eye.

1 HP no shifting in this one

Exercise 1 consists of three staves of bass clef music. The first staff contains a sequence of notes with fingerings: 0, 0, 2, 0, 2, \flat 4, 0, 2, 0, \sharp 1, 2, 0, 4. The second staff continues with fingerings: 0, 4, 0, \flat , 4, 0, 1, 4, 0. The third staff shows a continuation of the intervallic pattern.

1a Play in 1/8, 1/8 note triplet, 1/6 notes for right hand work.

Exercise 1a consists of two staves of bass clef music. The first staff features a sequence of notes with triplets of eighth notes and sixteenth notes. The second staff continues with similar rhythmic patterns.

2 HP G minor / B flat Major

Exercise 2 consists of two staves of bass clef music. The first staff contains notes with fingerings: 0, \flat 4, 0, 0, 4, 4, 0, 1, 0, 4, 0, 2, 0, \flat 4, 2. The second staff continues with fingerings: 0, 4, 1, 0, 4, 0, 1, 0, 0, 2, 0, 0, 0, 4.

3 HP-I D dorian

Play all exercises in different rhythmic groups like 1a

HP 1st HP 1st HP 1st

0 2 1 2 1 2 0 2 1 4 0 1 2 0 4 0 2 1 2

flavor(6th)

1 1 0 4 1 1 0 1 2 0 4 0 0 2 2 1 2 0

flavor(6th)

Many of these exercises are written in specific modes. To get the flavor or personality of the mode into your phrase you need to be clear. Focus on the tonic (root) note of the mode then the triad notes (3+5) then the "flavor" note. Each diatonic mode is either majorish or minorish (except for locrian which is diminished-ish) so you use the major or minor triad and add the "flavor" note (the note that is most different from the major or minor scale). In Mixolydian you have a Major triad and the different note from the Major scale is the lowered 7th degree. So G Mixolydian is like a G major scale/triad with an F natural instead of F sharp.

4 HP-I G mixolydian

HP 1st HP 1st

0 4 0 2 1 2 0 1 2 0 4 2 1 4 0 2

tonic 3rd 5th flavor

0 2 4 2 4 2 0 4 2 1 0 2 4 1 4 0

tonic flavor(7th) 3rd 5th tonic flavor

5 HP-I C ionian

1st HP 1st

0 2 4 1 1 2 0 4 0 2 4 2 1 4 1 2

HP 1st HP 1st

4 2 4 0 2 1 2 1 2 4 0 2 1 1 2 4 0

5/4

